

Terms & Conditions



Last updated: December 2025

By booking a service or purchasing a resource from Breathe & Bloom, you agree to the following terms.

Nature of Services

Breathe & Bloom provides non-clinical wellbeing support.

Services are not therapy, counselling, medical treatment, diagnosis, or crisis support.

If clinical or emergency support is required, appropriate referrals will be recommended.

Payments

Payment is required in advance unless otherwise agreed

Packages must be used within the stated timeframe

Cancellations

- 1:1 sessions require 24 hours' notice
- Late cancellations or no-shows are charged in full
- Workshops and group sessions are non-refundable but may be transferable
-

Late Arrival

Sessions will end at the scheduled time even if you arrive late.

Informed Consent Policy

Last updated: December 2025

By engaging with Breathe & Bloom, you confirm that you:

- Understand the scope and limits of services
- Take responsibility for your own wellbeing and decisions
- Understand that services are non-clinical
- May pause or end services at any time

Consent is ongoing and can be withdrawn at any stage.

Respectful Participation Policy



Last updated: December 2025

Breathe & Bloom is a safe, non-judgemental space.

Clients are expected to:

- Treat others with kindness and respect
- Maintain confidentiality in group settings
- Engage in a way that supports emotional safety

Any behaviour that compromises safety may result in removal from a session.